

Twelve Steps of Alcoholics Anonymous:

1. We admitted we were powerless over alcohol and our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Names and Phone Numbers:

Other District 10 Meetings:

Petersburg: Contact: Karen M.
kmalcom@gmail.com (907-518-0061)

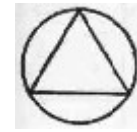
Prince of Wales Is.: Contact: Barbara S.
barbskan88@gmail.com (907-209-5449)

Wrangell: Contact: Virginia O.
richgin@gci.net (907-305-0019)

***Note:** *Every Monday 5:30-6:30pm is a statewide Telephone meeting. Everyone is welcome to call in and participate. Call 614-715-3273. Access code 243831 (number not toll-free)*

Alcoholics Anonymous

Meeting Schedule



Winter 2019

(Revised: January 2019)

Ketchikan, Alaska

(907) 225-5154

What Alcoholics Anonymous is:

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership. We are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

What AA does not do:

AA does not make medical or psychiatric diagnoses or prognoses, or offer advice; provide drying-out or nursing services, hospitalization, drugs, housing, jobs, money or other welfare services; accept money from outside sources; provide letters of reference to parole boards, lawyers, court officials, social agencies, or employers; engage in or support education, research, or professional treatment.

Just For Today Group: This group is open to the public. It meets every evening at 8pm at 1736 Tongass Avenue. It also meets at 5:30pm Monday, Wednesday and Friday and 10am Sunday. First Thursday of the month at 5:30pm is the Home Group Business Meeting.

Monday 5:30pm; Topic Meeting

Monday 8pm: Topic Meeting

Tuesday 8pm: Big Book Study Meeting

Wednesday 5:30pm: Topic Meeting

Wednesday 8pm: Topic Meeting

Thursday 8pm: Discussion Meeting

Friday 5:30pm: Literature Study

Friday 8pm: Topic Meeting (Speaker Meeting Last Friday of each month)

Saturday 8pm: Discussion Meeting

Sunday 10am: Discussion Meeting

Sunday 8pm: Step Study Meeting

Sisters Sober Group: This group is open all women. It meets on Tuesdays at 5:30pm at the Ketchikan Pioneer Home, 141 Bryant Street, 1st Floor Conference Room just to the right of the front door. First Tuesday of the month is the Home Group Business Meeting.

Out-to-Lunch Bunch Group:

This group is open to the public. It meets Monday through Saturday at noon in the undercroft of St. John's Episcopal Church, 503 Mission Street. First Saturday of each month is the Home Group Meeting.

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.